

Day 01: Lombok - Satonda Island

Depart from Mataram, Lombok to Labuhan harbour. During this journey to the eastern side of Lombok you will visit some places such as Narmada - water palace and temple a legacy of the former Bali - Lombok Dynasty, then to the pottery village in east Masbagik, wellknown for the traditional design, and traditional market to see how the sellers and buyers interact. You will search around. When reaching at the harbour, you can see how the local people phinisi boat constructed, you will be served snack by the villagers. Afterward board to the boat and start sailing to the small island with white sandy stretches along the beach and reach the island by 13:00 pm then do snorkelling and find out beautiful coral reefs and colourful various species. Beach walk and enjoy the sunset. Dinner with fish barbeque. Leave the island at 21:00 PM sail to Satonda island.

Day 02 : Satonda Island - Komodo Island

After sailing for nine hours, reach Satonda island, a beautiful small island with a salt water lake inside. Go shore, then do morning exercise led by the guide. Afterwards, proceed a sight seeing around the island, hiking, bird watching and swimming on the lake. Return to board on the boat and



have a breakfast. Then continue sailing to DONGGO BEACH for snorkeling and other activities. At 21:00 p.m at night leave for Komodo island, dinner on the board.

Day 03 : Komodo Island

Reach Komodo island as the prime highlight of the program. At 08:00 AM have breakfast. Afterwards do Komodo photo hunting by camera led by two rangers walk through the jungle to find out the giant lizard. Enjoy your time to observe the flora and fauna during your stay in the island. At 11:30 AM leave the island to Read Beach - an exotic white sandy beach with fantastic view underwater and serves as the best location in the world for beautiful snorkeling. Enjoy a lunch on the boat then sail to Labuhan Bajo.

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Day 04: Rinca Island

Leave for Rinca Island by : 05:00 AM and breakfast served on the boat. This is another major island of the Komodo National Park. Here is not only the home of Varanus Komodoensis, but also home to other wild animals such as Sunda deers, buffalo, boar, macaque monkey, horses, snakes, pigs and snakes.



Day 05: Moyo Island - Lombok

Depart for Moyo island and arrive by 08:00 AM and enjoy a breakfast. Afterwards walk to visit waterfall, along the way see the local people do daily activities. Enjoy your time and swim on the fresh water. At 12:00 at noon leave the island and enjoy lunch on the boat and sail to Keramat island. When you reach it, jump and use the speed boat to cross to island for snorkeling and this is the last activity. Then Sail to return to Labuhan Harbor, upon arrival you will have farewell dinner on the boat; then at last you will board to the bus transfer to Senggigi and the program ends.

Including:
 Chartered boat ; Accommodation on board ; Meals as specified ; Local guides ; Entrance fees ; Insurance at national park ; Embarkation fees ; Government tax

Excluding:
 Personal health / medication and baggage insurance ; Tipping and any personal allowance / articles/ laundry

What To Wear / Bring:
 Sun block lotion ; Insect repellent ; Cameras / video camera, binocular ; Personal toiletries ; Personal medicines

Lombok

Climbing Rinjani Sacred Volcano

West Nusa Tenggara Province consists of two islands: Lombok and Sumbawa; where Lombok is located about thirty-five kms located eastern part of Bali at its closest point. The island is inevitably compared to its better known neighbor, although it differs considerably in almost every respect; physically, culturally, linguistically and historically.

Lombok is divided into four regencies : Mataram City, West, Central and East Lombok, which has population more than 2.5 million people in total and about 90 % of the population is represented by Sasak tribe with Moslem religion and the rest the Balinese embrace Hindu Hindu, while small ethnic groups are Javanese, Chinese and Arabic.

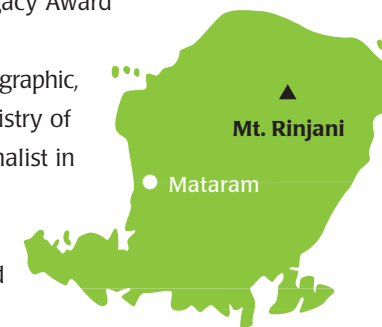


Measuring 80 km by 70 km, Lombok is slightly smaller than Bali as well as being a lot quieter. The tourist industry is less developed, it is striving and places to stay are beginning to spring up all over the place. Lombok retains all its pristine beauty and features some of the most spectacular white sand beaches and dive site at several surrounding small islands as well as cultural beauty.

The island is dominated by the volcanic Rinjani Mountain at the height 3,726 m above sea level, the second highest volcanic peak in Indonesia. Forested slopes rising directly from the sea create their own weather pattern and act as the main water- catchment for the island of Lombok. Gunung Rinjani National Park lies within a major bio-geographical transition zone (Wallaceae), where the flora and fauna of South East Asia meets that of Australasia. The National Park, one of over 50 throughout Indonesia, was established in 1997. As a monumental success of managing National Park by strongly involving the community in conjunction to tourism industry, Rinjani gained recognition nationally and internationally,



winning the International Legacy Award sponsored by Conservation International and National Geographic, National Award from the Ministry of Culture and Tourism and a finalist in British Airway's Tourism for Tomorrow Award. For the people of Lombok, Sasak and Balinese alike, Mt. Rinjani is revered as a sacred place and abode of deities. Pilgrims place offerings in the water and bathe away ailments in the hot springs.



Climate
 Weather wise, Lombok lies only 375 km south of the equator, as such the weather is tropical. Days are almost universally 12 hours long with sunrise at around 6:20 a.m. and sunset at 6:30 p.m. The daytime temperature averages between 27C to 32C along the coast, temperature inland around

29C and it changes surprisingly cold up the Rinjani Mountain, Lombok's tropical monsoon climate has two distinct seasons; dry (May to September) and Wet (October to April). Monsoon refers to the wind, not the rain. However even in the wet monsoon the rain tends to be short lived and localized. May, June and July are generally considered the best for visiting.

How to get there

Lombok is easily accessible. By daily flight from Bali, Surabaya, Jakarta, Yogyakarta, Singapore (4 times a week) and Kualalumpur with stop over at Surabaya. By sea from Padang Bai, Bali to Lembar harbour operates for 24 hours by public ferry depart every two hours and from Poto Tano in Sumbawa to Labuhan Lombok departs every two hours.



Day 01: Airport / Senggigi - Senaru

You will be picked up by coach from the airport or your hotel in Senggigi and driven two hours to Senaru in north Lombok, the gateway to Gunung Rinjani National Park. Upon arrival in the traditional village of Senaru you will be greeted in the Sasak manner by the community. Stay overnight at the village, sleeping in the beruqaq or traditional pavilion. In the evening you are invited for a ritual called Ntaoq Lekoq Buaq led by the Melokaq (spiritual leader) for a blessing that cleanses visitors of unholy intentions and prepares them for the visit to the spiritual areas of Mount Rinjani. Prayers are included for good health and safety during the climb. Local food will be served for dinner.



Day 02: Senaru - Pelawangan Senaru

After a light breakfast and another blessing from the Melokaq, proceed to the Rinjani Trek Centre for the trek briefing. The staff will explain the route in detail, what you might see, and codes of conduct such as rubbish management and safety procedures. The first hours of the route climbs through thick tropical forest, rich in flora and fauna such as orchids, the long-tailed grey macaque monkeys and, if lucky, the rare black ebony leaf monkey known locally as lutung. Rest stops are taken along the way. At Post 2 Montong Satas shelter (1,500m), your guide will tell you village stories, local legends and myths such as why banyan trees appear like someone standing with their legs apart (Bunut Ngengkang) and the mysterious Batu Penyesalan stone. The lunch stop Post 3 Mondokon Lokaq (2,000m) is reached after about five hours climb through the forest from Senaru. After a rest, continue the ascent for another couple of hours through grassy meadows to Pelawangan Senaru, the crater rim at 2,641m. The breathtaking views sweep across to Bali and Mount Agung. Below you is the Segara Anak Lake (2,000m) within Rinjani's crater and the small cone of Mount Baru (2,351m) an active volcano that last erupted dramatically in 1994. Enjoy your dinner, the fantastic star-scape and overnight at Pelawangan Senaru.

Day 03: Pelawangan Senaru - Pelawangan Sembalun

After breakfast, the Melokaq will make the traditional prayers and offerings at the crater rim before the two hour steep descent down to the Segara Anak Lake. Enjoy the views, relax, swim in the lake, and explore the caves and the hot

springs. Lunch will be by the lake. In the afternoon, depart and climb for three hours on the steep ascent to Pelawangan Sembalun crater rim (2,639 m). Experience the view of the lake from another angle and the island of Bali across the straight. Stay overnight at the Pelawangan Sembalun campsite on the crater rim, enjoying dinner and the night sounds.

Day 04: Pelawangan Sembalun - Summit - Sembalun Lawang

An early 3 am start is necessary for the hard three-hours climb to the summit (3,726m). Once there, enjoy proud feelings of satisfaction and the amazing sunrise views (depending on weather conditions) across to Mount Agung on Bali and Mount Tabora on Sumbawa. At about 6.30 am start the 1.5 hour descent for breakfast at Pelawangan Sembalun, looking out for edelweiss along the path.

There is the possibility of seeing wildlife on the remote trail down from the Sembalun crater rim, through the pine-like Casuarina trees locally known as Cemara. After about three hours you will reach Pada Balong (1,800m) and on through savanna grasslands, used by the local people for cattle grazing, to lunch at Tengengean (1,500m). After lunch, gently descend for through open country to Sembalun Lawang Village (three hours). The trek ends at the Rinjani Information Centre at Sembalun Lawang village. Dinner and overnight at a local guesthouse.

Day 05, Sembalun Lawang - Village Walk - Senggigi / Airport

After breakfast there is time for a village walk, exploring the local farms, old mosque and women weavers' homes. After lunch, served at the guesthouse, you will be transferred by coach to your Senggigi hotel or the airport.

Includes: Accommodation and meals as per the itinerary ; Ritual processions and ceremonies ; Spiritual escort ; Local guides ; AC Coach ; National Park entrance fee ; Camping and cooking gears ; Porters ; Insurance ; Nature, culture and tradition preservation financial contribution ; Government tax

Excludes: Personal health / medication and baggage insurance ; Tipping and any personal allowance / articles ; Accommodation before and after the program



Day 01 : Senggigi

You will be picked up from the airport and transferred to a hotel in Senggigi Beach, situated on the west coast of Lombok. Here, we prepare a short briefing for you describing the route details, the local traditions and the things you might see along the way. It also informs about rubbish management and the concept of eco-tourism.

Day 02 : Senaru

Today we start with a visit to Pura Batu Bolong. This temple is on a rocky point and oriented towards Gunung Agung, Bali's holiest mountain. From here you will have a stunning view over Senggigi and its sweeping bays. We continue our way to Pusuk, famous for its monkeys and beautiful forest. Here, you can observe the traditional way of making palm sugar. The local market of Tanjung is next on the program. Here we buy betel-nut to give away in the traditional village of Segenter. Lunch will be held in a local restaurant where ikan tanjung, a local dish, is on the menu. We stroll around the village of Segenter, guided by a local inhabitant. The villagers are friendly, enthusiastic and interested in learning more about your culture, at the same time you can experience theirs. In the late afternoon we arrive in Senaru, North Lombok, where we spend overnight at Pondok Senaru.

Day 03 : Senaru

Senaru is a green, fertile area and the gateway to Lombok's sacred volcano Rinjani. Under guidance of local guides, we make a walk through this interesting area. Visit traditional villages where people still live according to the Wetu Telu adat, in harmony with nature. You can look around and will find that the villagers are happy to invite you into their homes. Walk through magnificent green rice paddies and end at a beautiful waterfall. After enjoying a traditional lunch, we visit masjid Bayan, the oldest mosque on the island. Then, proceed the trip to the next destination (Tetebatu) and stay the night at a simple hotel.

Day 04 : Tetebatu

Today we make a weaving-walk. Visit the homes of highly skilled weavers to see how this hand-made textiles are manufactured. After lunch you drive to Lenek, where you will see a traditional dance performance. Don't be surprised to see the entire village coming outside



their homes to welcome you! You spend the night at Tetebatu, a small village on the other side of the sacred Rinjani Volcano, situated at about 800m above sea-level.

Day 05 : Kuta

take a walk of about three hours through the rice and tobacco fields around Tetebatu. Ending at Pringgasela, a village where almost all women know

the art of weaving. You will be served a real Sasak and watch the process of songket weaving. Then, you will drive to Masbagik, a village where people make pottery by traditional methods. In the afternoon we leave for Kuta, South Lombok.

Day 06 : Senggigi

Kuta is famous for its beautiful white sandy beaches, but this area has so much more to offer! Visit the colorful market at Kuta village and observe the local procedure of collecting and preparing seaweed. Enjoy a delicious local lunch and leave for Gunung Pengson, a mountain on which a charnibg temple is situated. From here, you will have a stunning view over neighboring Bali and sacred Rinjani. Stay the night in Senggigi.

Day 07 : Airport

Today you will be transferred to the airport. End of our service.

Includes: Accommodation based on twin-share included breakfast ; Local guides ; Car with Airco and driver ; Local guide tour leader ; Local guides in the villages you visit ; Donations ; Soft-drinks during the excursions ; Walks in Senaru and Sembalun ; Dance performance ; Lunch day 2-5 ; 10% government tax

Excludes: International flight ticket ; Airport tax ; Remainder entrée fees ; Remainder meals ; Personal expenses

